

Hello ChatGPT, do you agree with this? So if you are going through a difficult time right now, don't keep asking: "Why is this happening to me?" Ask yourself: "What can I do next?" You don't need to have everything figured out. You just need to take the next step. Because sometimes, what feels like the end of your story is actually the beginning of better chapter.

Yes, I agree with the **core message**. It encourages a healthy shift from *rumination* toward *agency*: you may not be able to control why something happened, but you can often decide what you will do next.

I would make one important nuance: **"Why is this happening to me?" isn't always a bad question**. Sometimes difficult circumstances genuinely need to be understood, grieved, or processed. The problem is when the question keeps us trapped and prevents us from moving forward.

The strongest part is:

"What can I do next?"

That question is practical because it brings your attention back to the **next manageable action**, rather than demanding that you solve your entire future today.

I also like the final thought, although I would slightly refine it so it doesn't promise that every difficult experience will necessarily lead to something "better." Sometimes the outcome is simply different, and growth comes from how we respond.

Here is a polished version:

If you're going through a difficult time right now, don't keep asking yourself:

"Why is this happening to me?"

Try asking:

"What can I do next?"

You don't need to have everything figured out. You don't need to know exactly how the story will end.

You just need to take the next step.

Sometimes the chapter you never wanted to live through becomes the chapter that teaches you something you never knew you needed.

So breathe. Take courage. Focus on what you can do today.

You may not be able to change what happened, but you can still choose what you do next.

As a Christian, what should we do?

As a Christian, I think the message becomes even deeper. Christianity doesn't teach us simply to **"try harder" or "figure everything out."** It teaches us to bring our circumstances to God, trust Him, seek His wisdom, and then take the faithful next step.

A Christian response could be:

1. **Bring the pain to God.**

You don't have to pretend everything is okay. The Psalms are full of honest questions, grief, fear, and even *"Why?"* God invites us to come to Him honestly.

2. **Ask God for wisdom.**

Instead of only asking, *"Why is this happening?"*, we can also pray, **"Lord, what do You want me to do next?"**

James 1:5 says that if we lack wisdom, we should ask God, who gives generously.

3. **Trust God even when you don't understand.**

Proverbs 3:5–6 reminds us to trust in the Lord rather than relying entirely on our own understanding.

4. **Take the next faithful step.**

We don't always receive the whole roadmap. Sometimes God gives us enough light for the next step. Our responsibility is to be faithful with what is in front of us.

5. **Don't confuse faith with passivity.**

Praying and trusting God doesn't mean doing nothing. We can pray **and** make the phone call, seek counsel, apologize, apply for the job, start again, forgive, ask for help, or simply get through today's responsibilities.

6. **Remember that God can work through difficult seasons.**

Romans 8:28 doesn't say that everything that happens is good. It says God works in all things for the good of those who love Him and are called according to His purpose.

So I would express the Christian version this way:

When you are going through a difficult season, it is okay to ask, **"Why, Lord?"**

God is not afraid of your questions, your tears, or your struggles.

But don't stop there.

Bring your pain to God and ask:

"Lord, what do You want me to learn?"

"Lord, what do You want me to do?"

"Lord, what is my next faithful step?"

You don't need to understand everything God is doing.

You don't need to see the whole road.

You need to trust the One who sees the whole road.

Pray.

Seek His wisdom.

Stay faithful.

Take the next step.

And when you cannot see what comes next, remember:

God is already there.

What feels like the end of a chapter may become the beginning of something God uses for His purpose.

**“Trust in the LORD with all your heart and lean not on your own understanding.” —
Proverbs 3:5**

The key Christian distinction, in my view, is this:

The secular message says: *“What can I do next?”*

The Christian message says: *“Lord, what would You have me do next—and give me the faith and strength to do it.”*

That changes the focus from **self-reliance to God-dependent action**.

Any comment about this? A lady who is a Head of Technology said: growing up, I was never the smartest person in the room. In high school, I was number 100 out of 200 people, and recently in my master's, I even failed one subject. So, if you feel average or unsure or lost, I need you to know that I am too, and that doesn't disqualify you from building a meaningful life. Was I talented? No. Talent is nice, but time, obsession, curiosity and being willing to try and to be bad that's more important. And that's where many people stop, not because you can't do it, but because you don't feel like being a beginner and in real life, sometimes being ready comes after you start. So if I could advise my younger self, I wouldn't tell her to have a perfect plan; I would tell her to try more things before she feels ready.

Yes. There is a **very valuable message** in what she said, especially when viewed from a Christian perspective. I would, however, make one important adjustment.

Her central idea is:

You don't have to feel ready before you begin.

That's true. Many people don't fail because they lack ability; they stop themselves because they are afraid of being inexperienced, imperfect, or unsuccessful.

But as a Christian, I would take it one step further:

1. Your academic ranking does not determine your worth

Being 100th out of 200, failing a subject, or not being “the smartest person in the room” doesn't determine your value.

Our identity ultimately isn't **“I am intelligent,” “I am talented,” or “I am successful.”**

It is **“I belong to God.”**

“I praise you because I am fearfully and wonderfully made.” — Psalm 139:14

That gives us a much stronger foundation than achievement.

2. Being a beginner is not something to be ashamed of

I particularly like her statement that people sometimes stop because they don't want to be beginners.

That's very real.

You might want to start a business, learn a new skill, study something difficult, create something, serve others, or pursue a calling—but you feel:

“I'm not good enough yet.”

The answer isn't necessarily to wait until you become good enough.

Sometimes **you become capable by beginning.**

Zechariah 4:10 says:

“Do not despise these small beginnings.”

3. But Christians should distinguish courage from simply “trying everything”

Her advice is **“try more things before you feel ready.”**

That's useful, but Christianity adds **discernment.**

We don't necessarily need to chase every opportunity.

We can ask:

“God, is this something You are calling me to pursue?”

Then we can take a step of faith.

Proverbs 16:9 captures this beautifully:

“In their hearts humans plan their course, but the LORD establishes their steps.”

So we can **plan without pretending we control the future.**

4. Talent isn't everything—but stewardship matters

I wouldn't completely dismiss talent either.

Some people genuinely have different abilities and gifts. Scripture recognizes this. But the biblical emphasis isn't *"Do you have the most talent?"*

It's more like:

"What are you doing with what God has entrusted to you?"

The Parable of the Talents in Matthew 25:14–30 is particularly relevant.

God doesn't ask everyone to produce the same result.

He asks us to be faithful with what we've been given.

5. "Ready comes after you start" is a powerful principle

This may be the strongest idea in her message.

We often think:

Learn → become confident → become ready → start.

But real life often works more like:

Start → struggle → learn → improve → gain confidence → become capable.

And sometimes faith works similarly:

Pray → take a step → discover → learn → take another step.

You don't need the entire staircase illuminated before taking the first step.

From a Christian perspective, I would summarize her message like this:

Don't wait until you feel talented enough, intelligent enough, confident enough, or completely ready.

Pray.

Seek God's wisdom.

Use the abilities He has given you.

Be willing to be a beginner.

Be willing to fail.

Learn.

Try again.

And keep taking the next faithful step.

Because **your calling is not cancelled by your imperfections.**

Your weakness doesn't surprise God.

Your lack of experience doesn't disqualify you.

And your past failures don't have to determine your future.

Perhaps the Christian version of her final advice would be:

“If I could give my younger self one piece of advice, I wouldn't tell her to have a perfect plan. I would tell her to seek God, be faithful with what He has placed in her hands, and have the courage to take the next step—even before she feels ready.”

That, I think, brings together **her practical wisdom and the Christian understanding of faith, calling, humility, and perseverance.**